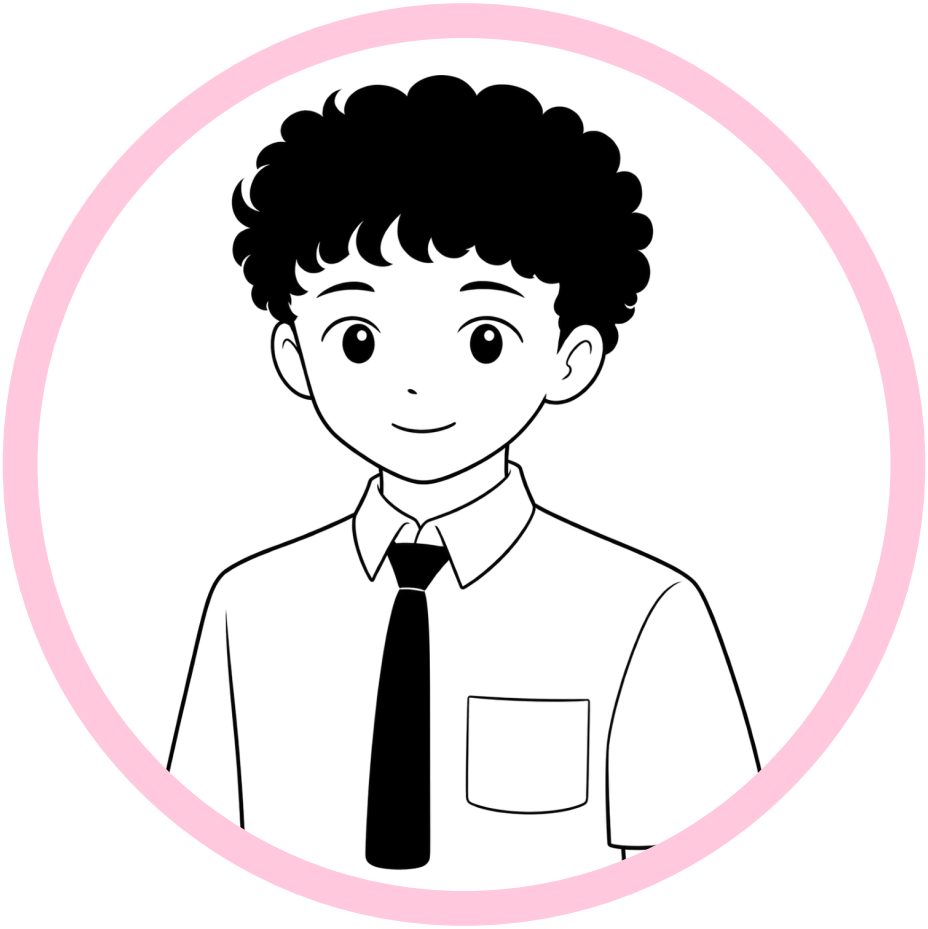
AQA A-LEVEL PSYCHOLOGY · 7182

PSYCHOLOGY



EXAM QUESTION PACK

3.3.6 ANOREXIA NERVOSA

SCORE	PERCENTAGE
/90	%

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Q1.

Discuss **one or more** biological explanations for anorexia nervosa.

(Total 16 marks)

Q2.

Mia has been diagnosed with anorexia nervosa.
She describes her family background to her therapist:

'Mum worries about me constantly and I worry about her. She's always asking me if I'm OK. She spends all her time thinking about me and wants to know everything I do. She even listens in when I'm on the phone. We go shopping together and swap clothes and make-up. But, it has always been the same, and we never argue at our house.'

Describe the family systems theory explanation for anorexia nervosa and explain how Mia's experiences can be linked to family systems theory.

(Total 8 marks)

Q3.

Briefly discuss **two** limitations of the family systems theory explanation for anorexia nervosa.

(Total 6 marks)

Q4.

Discuss psychological explanations for anorexia nervosa.

(Total 16 marks)

Q5.

Discuss **one or more** biological explanations for anorexia nervosa.

(Total 8 marks)

Q6.

Discuss social learning theory as an explanation for anorexia nervosa.

(Total 8 marks)

Q7.

Outline **one** irrational belief associated with anorexia nervosa.

(Total 2 marks)

Q8.

Explain **one** strength of the family systems theory of anorexia nervosa.

(Total 2 marks)

Q9.

Outline and evaluate **one** psychological explanation and **one** biological explanation of **one**

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eating disorder.

(Total 16 marks)

Q10.

Identify an eating disorder. Outline **one** explanation for this eating disorder.

(Total 4 marks)

Q11.

Outline **one** psychological explanation of **one** eating disorder.

(Total 4 marks)

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