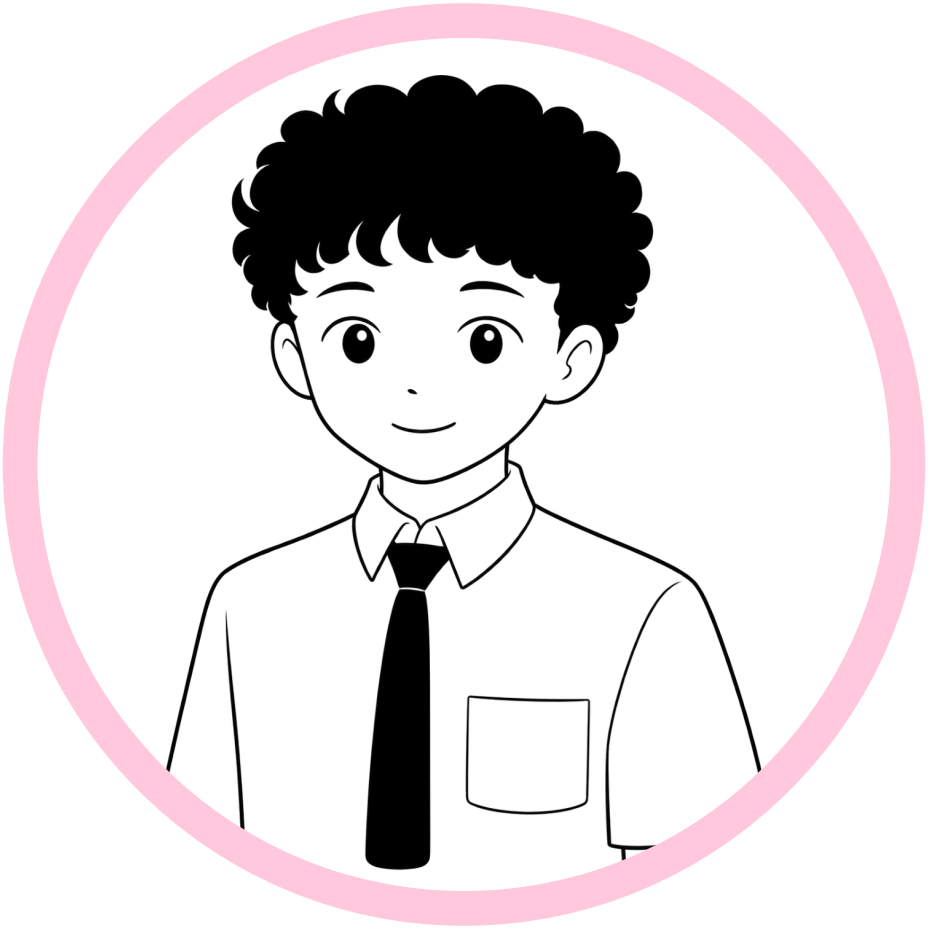
AQA A-LEVEL PSYCHOLOGY · 7182

PSYCHOLOGY



EXAM QUESTION PACK

3.2.1 HUMANISTIC PSYCHOLOGY

SCORE	PERCENTAGE
/81	%

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Q1.

Tatiana's parents are concerned about her mobile phone use. She is an anxious child and has low self-esteem. Tatiana only feels good about herself when she receives messages or positive comments on social media. She feels safe when she has her phone and socially isolated without it.

Tatiana's parents worry that her dependence on her mobile phone is starting to affect her well-being and achievement at school.

Outline and evaluate the humanistic approach. Refer to Tatiana's behaviour in your answer.

(Total 16 marks)

Q2.

Read the item and then answer the question that follows.

> Dominic is unhappy and lacks confidence. He also thinks he is not very good-looking and not very clever. He goes to a counselling therapist for help. The therapist suggests that Dominic lacks congruence.

Outline what is meant by 'congruence'. Explain **one** way in which Dominic might achieve 'congruence'.

(Total 4 marks)

Q3.

Outline the psychodynamic approach in psychology. Discuss **one or more** differences between the psychodynamic approach and the humanistic approach.

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(Total 8 marks)

Q4.

Which **one** of the columns in the table below, A, B, C or D shows the correct arrangement of levels in Maslow's hierarchy of needs? Shade **one** box only.

Top of hierarchy			
A	**B**	**C**	**D**
Self-actualisation	Self-actualisation	Love/belongingness	Love/belongingness
Love/belongingness	Esteem	Esteem	Self-actualisation
Esteem	Love/belongingness	Self-actualisation	Safety
Safety	Safety	Physiological	Esteem
Physiological	Physiological	Safety	Physiological
Bottom of hierarchy			

Column A ⬭

Column B ⬭

Column C ⬭

Column D ⬭

(Total 1 mark)

Q5.

It has been claimed that the humanistic approach has little to offer psychology. Outline and evaluate the humanistic approach in psychology. Refer to **at least one other** approach in your answer.

(Total 16 marks)

Q6.

Describe and evaluate the humanistic approach in psychology.

(Total 16 marks)

Q7.

Referring to **two** assumptions of the humanistic approach, explain why humanistic

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psychologists have rejected the scientific method.

(Total 4 marks)

Q8.

Describe the humanistic approach in psychology and discuss differences between this approach and the psychodynamic approach.

(Total 16 marks)

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